

# 6<sup>th</sup>-8<sup>th</sup> Grade Boys/Girls Shooting & Scoring Workout

Location: Avera Sports Center (85th & Minnesota)

**Cost:** \$175 Payment is collected online at the time of registration.

#### Athletes will receive a Warwick Workout T-shirt & Shorts

Shooting & Scoring Workouts are for the advanced player. This workout will focus on shooting footwork, shooting off the move, creating your own shot, reading screens and coming off screens as well as all other aspects of shooting. Athletes will be taught and participate in Heat Shooting, Magic Shooting, Warrior Shooting, Fast Break Shooting, Shooting Program and Pre-practice shooting during this series of Shooting & Scoring Workouts. These workouts will assist athletes to become a more effective shooter and scorer.

Monday, April 13th	6:45-8:15
Monday, April 20 <sup>th</sup>	6:45-8:15
Monday, April 27 <sup>th</sup>	6:45-8:15
Monday, May 4th	6:45-8:15
Monday, May 11 <sup>th</sup>	6:45-8:15
Monday, May 18th	6:45-8:15

## Register online at

### www.warwickworkouts.com

Find your session under the register fall workouts tab

Contact Kris Warwick or Cody Schilling with questions about workouts Email: warwickworkouts@gmail.com

Cell: (605) 391-6700 Kris or (712)461-2316 Cody

## WHERE CHAMPIONS TRAIN.